

Lundi , 17.07

09:00 - 09:55

Pilates
Monika

12:15 - 12:45

P.I.I.T
Céline B.

17:50 - 18:45

Fitboxe
Sarah

19:00 - 19:55

Zumba
Beatriz

Mardi , 18.07

12:15 - 12:45

P.I.I.T
Céline H.

17:25 - 18:20

TRX
Carmelina

18:30 - 19:25

Power Yoga
Pedro

Mercredi , 19.07

12:15 - 13:00

TRX
Luca

18:00 - 18:55

Pilates
Pedro

Jeudi , 20.07

12:15 - 12:45

Simply Core
Antoinette

17:30 - 18:25

TRX
Brigitte

18:40 - 19:35

Dance Aerobic / Dance
Mix
Nadia

Vendredi , 21.07

12:15 - 13:10

Fitboxe
Ruth

17:30 - 18:25

Yoga
Pedro

Samedi , 22.07

Dimanche , 23.07