

Lundi , 13.02

**18:00 - 18:55**

*Kick Power*  
Natasha

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Natasha

Mardi , 14.02

**19:00 - 19:55**

*Step*  
Bärbel

Mercredi , 15.02

**18:00 - 18:55**

*Step*  
Annette

**18:30 - 19:25**

*Core Training*  
Annette

Jeudi , 16.02

Vendredi , 17.02

Samedi , 18.02

Dimanche , 19.02