

Lundi , 07.04

<b>14:00 - 15:00</b> <i>Best Agers</i> Erblin	<b>18:00 - 18:55</b> <i>Les Mills Bodypump</i> Djamshed	<b>19:10 - 20:05</b> <i>Bodycombat</i> Djamshed	<b>20:15 - 20:50</b> <i>Core Training</i> Djamshed
---	---	---	--

Mardi , 08.04

<b>09:00 - 09:55</b> <i>Pilates</i> Miroslava	<b>17:40 - 18:35</b> <i>Rückenfit</i> Daniela	<b>17:40 - 18:35</b> <i>Zumba</i> Daniela	<b>18:00 - 18:45</b> <i>X Train</i> Jaromir	<b>18:50 - 19:55</b> <i>Jumping</i> Djamshed	<b>20:05 - 21:00</b> <i>BoxingFitness</i> Philippe
---	---	---	---	--	--

Mercredi , 09.04

<b>08:00 - 09:00</b> <i>Best Agers</i> Erblin	<b>09:00 - 09:55</b> <i>Zumba</i> Daniela	<b>10:00 - 10:55</b> <i>Yoga</i> Keith	<b>16:55 - 17:50</b> <i>Les Mills Bodypump</i> Djamshed	<b>18:00 - 18:55</b> <i>Bodycombat</i> Djamshed	<b>19:10 - 20:05</b> <i>Pilates</i> Miroslava
---	---	--	---	---	---

Jeudi , 10.04

<b>18:00 - 18:55</b> <i>Jumping</i> Djamshed	<b>18:00 - 19:00</b> <i>X Train</i> Flavio	<b>19:15 - 19:50</b> <i>Core Training</i> Djamshed
--	--	--

Vendredi , 11.04

<b>09:00 - 09:55</b> <i>Bodycombat</i> Nicole	<b>18:00 - 18:55</b> <i>BoxingFitness</i> Philippe
---	--

Samedi , 12.04

<b>09:30 - 10:45</b> <i>Yoga 75min</i> Laura
--

Dimanche , 13.04