

Lundi , 30.12

14:00 - 14:55 <i>Best Agers</i> Erblin	18:00 - 18:55 <i>Pump</i> Team	19:10 - 20:05 <i>Bodycombat</i> Djamshed	20:15 - 20:45 <i>Core Training</i> Djamshed
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Mardi , 31.12

09:00 - 09:55 <i>Pilates</i> Miroslava	17:40 - 18:35 <i>Rückenfit</i> Team	18:00 - 19:45 <i>X Train</i> Jaromir	18:50 - 19:45 <i>Jumping</i> Djamshed	20:05 - 21:00 <i>Boxen</i> Philippe
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Mercredi , 01.01

Jeudi , 02.01

Vendredi , 03.01

Samedi , 04.01

Dimanche , 05.01