

Lundi , 28.04

09:15 - 10:10

Pilates
Beatriz

18:00 - 18:55

Les Mills Bodypump
Team

19:00 - 19:55

Yoga
Pedro

Mardi , 29.04

10:15 - 11:10

Power Yoga
Beatriz

18:00 - 18:55

Les Mills Bodycombat
Laura

19:00 - 19:55

Les Mills Bodypump
Team

Mercredi , 30.04

08:00 - 08:55

Les Mills Bodypump
Team

18:00 - 18:55

Zumba
Michaela

19:00 - 19:55

Power Yoga
Pedro

Jeudi , 01.05

18:30 - 19:25

Les Mills Bodypump
Team

Vendredi , 02.05

19:00 - 19:55

Zumba
Elizabeth

Samedi , 03.05

Dimanche , 04.05