

Lundi , 14.04

09:15 - 10:10

Pilates
Beatriz

18:00 - 18:55

Les Mills Bodypump
Team

19:00 - 19:55

Yoga
Pedro

Mardi , 15.04

10:15 - 11:10

Power Yoga
Beatriz

18:00 - 18:55

Les Mills Bodycombat
Laura

19:00 - 19:55

Les Mills Bodypump
Team

Mercredi , 16.04

18:00 - 18:55

Zumba
Michaela

19:00 - 19:55

Power Yoga
Pedro

Jeudi , 17.04

18:30 - 19:25

Les Mills Bodypump
Team

Vendredi , 18.04

17:00 - 17:55

Boost Workout
Monica

18:00 - 18:55

Pilates
Monica

19:00 - 19:55

Zumba
Elizabeth

Samedi , 19.04

Dimanche , 20.04