

Lundi , 09.12

07:00 - 07:55 Yoga Vivian	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Cynthia	17:10 - 17:55 Functional Workout Bianca	18:00 - 18:55 Yoga Vera	19:05 - 20:00 Pump Cristian
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Mardi , 10.12

12:15 - 12:45 P.I.I.T Naima	18:00 - 18:55 Kick Power Isabelle	19:00 - 19:55 Zumba Deniz
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Mercredi , 11.12

12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Cynthia	17:15 - 18:10 Pilates Isabelle	18:15 - 19:10 BBP (Bauch, Beine, Po) / Bodytone Saskia	19:15 - 20:10 Pump Saskia
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Jeudi , 12.12

18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Sarah	19:00 - 19:55 Yoga Vera
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Vendredi , 13.12

12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Naima	17:30 - 18:00 Simply Core Dina	18:10 - 19:05 BBP (Bauch, Beine, Po) / Bodytone Dina
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Samedi , 14.12

Dimanche , 15.12

10:00 - 10:55 Kick Power Isabelle
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