

**Lundi , 11.11**

**07:00 - 07:55**

Yoga  
Vivian

**12:15 - 13:00**

BBP (Bauch, Beine, Po) / Bodytone  
Cynthia

**17:10 - 17:55**

Functional Workout  
Bianca

**18:00 - 18:55**

Yoga  
Vera

**19:05 - 20:00**

Pump  
Cristian

**Mardi , 12.11**

**12:15 - 12:45**

P.I.I.T  
Naima

**18:00 - 18:55**

Kick Power  
Isabelle

**19:00 - 19:55**

Zumba  
Deniz

**Mercredi , 13.11**

**12:15 - 13:00**

Kick Power  
Isabelle

**17:15 - 18:10**

Pilates  
Isabelle

**18:15 - 19:10**

BBP (Bauch, Beine, Po) / Bodytone  
Saskia

**19:15 - 20:10**

Pump  
Saskia

**Jeudi , 14.11**

**18:00 - 18:55**

BBP (Bauch, Beine, Po) / Bodytone  
Fabienne

**19:00 - 19:55**

Yoga  
Vera

**Vendredi , 15.11**

**12:15 - 13:00**

BBP (Bauch, Beine, Po) / Bodytone  
Naima

**17:30 - 18:00**

Simply Core  
Dina

**18:10 - 19:05**

BBP (Bauch, Beine, Po) / Bodytone  
Dina

**Samedi , 16.11**

**Dimanche , 17.11**

**10:00 - 10:55**

Kick Power  
Isabelle