

Lundi , 28.10

07:00 - 07:55 Yoga Laura	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Cynthia	17:10 - 17:55 Functional Workout Sabrina	18:00 - 18:55 Yoga Vera	19:05 - 20:00 Pump Cristian
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Mardi , 29.10

12:15 - 12:45 P.I.I.T Naima	18:00 - 18:55 Kick Power Isabelle	19:00 - 19:55 Zumba Deniz
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Mercredi , 30.10

12:15 - 13:00 Kick Power Isabelle	17:15 - 18:10 Pilates Isabelle	18:15 - 19:10 BBP (Bauch, Beine, Po) / Bodytone Saskia	19:15 - 20:10 Pump Saskia
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Jeudi , 31.10

18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Jacqueline	19:00 - 19:55 Yoga Vera
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Vendredi , 01.11

12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Naima	17:30 - 18:00 Simply Core Dina	18:10 - 19:05 BBP (Bauch, Beine, Po) / Bodytone Dina
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Samedi , 02.11

Dimanche , 03.11

10:00 - 10:55 BBP (Bauch, Beine, Po) / Bodytone Bianca
