

Lundi , 07.10

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Cynthia

17:10 - 17:55

Functional Workout
Sabrina

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Mardi , 08.10

12:15 - 12:45

P.I.I.T
Naima

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mercredi , 09.10

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Jeudi , 10.10

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Jacqueline

19:00 - 19:55

Yoga
Vera

Vendredi , 11.10

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) / Bodytone
Dina

Samedi , 12.10

Dimanche , 13.10

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Luana