

**Lundi , 09.12**

**18:00 - 18:55**

*Kick Power*  
Nicole

**19:00 - 19:55**

*Pump*  
Alisha

**Mardi , 10.12**

**18:00 - 18:30**

*Simply Core*  
Linda

**18:30 - 19:00**

*P.I.I.T*  
Linda

**19:10 - 20:05**

*Yoga*  
Beatrice

**Mercredi , 11.12**

**18:00 - 18:55**

*Pump*  
Fabien

**19:00 - 19:55**

*Fitboxe*  
Andrej

**Jeudi , 12.12**

**19:00 - 19:55**

*Pilates*  
Nicola

**Vendredi , 13.12**

**Samedi , 14.12**

**Dimanche , 15.12**