

Lundi , 28.10

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Alisha

Mardi , 29.10

18:00 - 18:30

Simply Core
Linda

18:30 - 19:00

P.I.I.T
Linda

19:10 - 20:05

Yoga
Seraina

Mercredi , 30.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Linda

19:00 - 19:55

Fitboxe
Andrej

Jeudi , 31.10

19:00 - 19:55

Pilates
Nicola

Vendredi , 01.11

Samedi , 02.11

Dimanche , 03.11