

**Lundi , 17.03**

<b>09:15 - 10:10</b> <i>Pilates</i> Astrid	<b>18:15 - 18:45</b> <i>P.I.I.T</i> Claude	<b>19:00 - 19:55</b> <i>Cycling</i> Agostino	<b>19:00 - 19:55</b> <i>Pump</i> Ramona	<b>20:05 - 21:00</b> <i>Rückenfit</i> Claudia
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**Mardi , 18.03**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	<b>10:00 - 10:55</b> <i>Deep Stretch</i> Andrea	<b>19:00 - 19:55</b> <i>Fitboxe</i> Arlette	<b>20:00 - 20:55</b> <i>Power Yoga</i> Silvana
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**Mercredi , 19.03**

<b>08:30 - 09:25</b> <i>Pilates</i> Andrea	<b>09:35 - 10:30</b> <i>Pump</i> Jasmin	<b>18:30 - 19:25</b> <i>Pump</i> Sandy	<b>19:00 - 20:30</b> <i>Cycling</i> Tanya
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**Jeudi , 20.03**

<b>09:00 - 09:55</b> <i>Zumba</i> Petra	<b>10:00 - 10:55</b> <i>Yoga</i> Nevin	<b>18:00 - 18:55</b> <i>Zumba</i> Petra	<b>19:05 - 20:00</b> <i>Fitboxe</i> Sandy	<b>20:15 - 21:10</b> <i>Cycling</i> Antonietta
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**Vendredi , 21.03**

<b>08:30 - 09:25</b> <i>Yoga</i> Michaela	<b>09:30 - 10:25</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana
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**Samedi , 22.03**

**Dimanche , 23.03**