

**Lundi , 03.02**

<b>09:15 - 10:10</b> <i>Pilates</i> Astrid	<b>18:15 - 18:45</b> <i>P.I.I.T</i> Claude	<b>19:00 - 19:55</b> <i>Cycling</i> Yves	<b>19:00 - 19:55</b> <i>Pump</i> Monika	<b>20:05 - 21:00</b> <i>Rückenfit</i> Claudia
--	--	--	---	---

**Mardi , 04.02**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	<b>10:00 - 10:55</b> <i>Deep Stretch</i> Andrea	<b>12:15 - 12:45</b> <i>P.I.I.T</i> Claude	<b>19:00 - 19:55</b> <i>Fitboxe</i> Arlette	<b>20:00 - 20:55</b> <i>Power Yoga</i> Klaudia
--	---	--	---	--

**Mercredi , 05.02**

<b>08:30 - 09:25</b> <i>Pilates</i> Andrea	<b>09:35 - 10:30</b> <i>Pump</i> Sandy	<b>18:30 - 19:25</b> <i>Pump</i> Sandy	<b>19:00 - 20:30</b> <i>Cycling</i> Sandra
--	--	--	--

**Jeudi , 06.02**

<b>09:00 - 09:55</b> <i>Powerstep</i> Petra	<b>10:00 - 10:55</b> <i>Yoga</i> Nevin	<b>18:00 - 18:55</b> <i>Zumba</i> Petra	<b>19:05 - 20:00</b> <i>Fitboxe</i> Sandy	<b>20:15 - 21:10</b> <i>Cycling</i> Antonietta
---	--	---	---	--

**Vendredi , 07.02**

<b>08:30 - 09:25</b> <i>Yoga</i> Nadine	<b>09:30 - 10:25</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana
---	---

**Samedi , 08.02**

**Dimanche , 09.02**