

Lundi , 30.12

08:00 - 08:55 <i>Motion</i> Pia	09:05 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Bianca	17:30 - 18:30 <i>CrossFit</i> Reni	18:30 - 19:25 <i>Zumba</i> Anja	18:30 - 19:30 <i>CrossFit</i> Reni
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Mardi , 31.12

Mercredi , 01.01

Jeudi , 02.01

10:00 - 11:00 <i>CrossFit</i> Olivia	10:00 - 11:00 <i>Functional Workout</i> Bettina
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Vendredi , 03.01

08:00 - 08:55 <i>Faszien-Training</i> Reni	09:00 - 09:55 <i>Yoga</i> Pia	09:15 - 10:15 <i>CrossFit</i> Reni	10:10 - 11:05 <i>Pump</i> Stefanie	18:00 - 19:00 <i>CrossFit</i> Jernej
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Samedi , 04.01

08:45 - 09:40 <i>Pilates</i> Olga	09:15 - 10:15 <i>CrossFit</i> Team	09:50 - 10:45 <i>Cycling</i> Erika	10:15 - 11:15 <i>CrossFit</i> Team
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Dimanche , 05.01

09:30 - 10:00 <i>Core Training</i> Sonja	10:10 - 11:05 <i>Pump</i> Sonja	10:15 - 11:15 <i>CrossFit</i> Team
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