

Lundi , 29.04

09:00 - 09:55 Zumba Deniz	10:10 - 11:05 Stretching Veronika	12:15 - 13:05 BBP (Bauch, Beine, Po) / Bodytone Cynthia	18:00 - 18:30 Core Training Luana	18:35 - 19:30 Functional Workout Luana
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Mardi , 30.04

08:30 - 09:25 Pilates Veronika	09:40 - 10:35 Fit ab 60 Veronika	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Veronika	19:10 - 20:05 BodyART Veronika
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Mercredi , 01.05

09:15 - 10:10 P.I.I.T Special Daniela	11:30 - 12:25 Cycling Special Team
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Jeudi , 02.05

08:10 - 09:05 BodyART International Veronika	09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Luana	10:20 - 11:15 Cycling Barbara	12:15 - 12:45 P.I.I.T Daniela	18:00 - 18:55 TRX Anita	19:10 - 20:05 Cycling Manuel
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Vendredi , 03.05

08:45 - 09:40 Pump Workout Jenny	09:55 - 10:50 Rückenfit Susanne	12:15 - 13:10 Pump Workout Saskia	17:00 - 17:55 Yoga Jenny
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Samedi , 04.05

09:15 - 10:10 Pilates Veronika	10:30 - 11:25 Cycling Barbara
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Dimanche , 05.05

10:00 - 10:55 Zumba Deniz	11:15 - 12:10 Cycling Manuel
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