

Lundi , 29.07

09:30 - 10:25

Pilates
Sonja

17:30 - 18:00

Les Mills Grit
Anna

18:15 - 19:10

Faszien-Training
Olga

19:30 - 20:30

Les Mills Bodypump
Nicole

Mardi , 30.07

09:15 - 10:15

Les Mills Bodypump
Barbara

12:05 - 13:05

Les Mills Bodypump
Tatiana

17:45 - 18:15

Les Mills CORE
Melanie

18:20 - 19:15

*BBP (Bauch, Beine,
Po) / Bodytone*
Melanie

Mercredi , 31.07

09:30 - 10:25

Pilates
Sonja

12:05 - 12:35

Les Mills CORE
Andrea

12:35 - 13:05

Les Mills Grit
Andrea

18:30 - 19:30

Les Mills Bodypump
Selina

19:45 - 20:40

Pilates
Bettina

Jeudi , 01.08

10:00 - 11:00

Les Mills Bodypump
Elena

Vendredi , 02.08

09:00 - 09:55

Faszien-Training
Carole

12:05 - 13:05

Les Mills Bodypump
Rebecca

Samedi , 03.08

09:30 - 10:30

Les Mills Bodypump
Tatiana

Dimanche , 04.08

10:00 - 11:00

Les Mills Bodypump
Eszter