

Lundi , 04.08

09:15 - 10:10

Dance Aerobic / Dance Mix
Monica

10:15 - 11:10

Pilates
Monica

19:00 - 19:55

Zumba
Eliane

Mardi , 05.08

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Monica

10:00 - 10:55

Rückenfit
Monica

Mercredi , 06.08

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 07.08

08:30 - 08:55

P.I.I.T
Monica

09:05 - 10:00

Rückenfit
Nicole

Vendredi , 08.08

09:15 - 10:10

Zumba
Andrea

Samedi , 09.08

Dimanche , 10.08