

Lundi , 02.06

09:15 - 10:10

*Dance Aerobic / Dance
Mix*
Monica

10:15 - 11:10

Pilates
Monica

19:00 - 19:55

Zumba
Eliane

Mardi , 03.06

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monica

10:00 - 10:55

Rückenfit
Monica

Mercredi , 04.06

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 05.06

08:30 - 08:55

P.I.I.T
Monica

09:05 - 10:00

Rückenfit
Daniela

Vendredi , 06.06

09:15 - 10:10

Zumba
Andrea

Samedi , 07.06

Dimanche , 08.06