

**Lundi , 31.03**

**09:15 - 10:10**

*Dance Aerobic / Dance Mix*  
Monica

**10:15 - 11:10**

*Pilates*  
Monica

**19:00 - 19:55**

*Zumba*  
Eliane

**Mardi , 01.04**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Monica

**10:00 - 10:55**

*Rückenfit*  
Monica

**Mercredi , 02.04**

**10:15 - 11:10**

*Pilates*  
Daniela

**19:00 - 19:55**

*Zumba*  
Beatriz

**Jeudi , 03.04**

**08:30 - 09:00**

*P.I.I.T*  
Monica

**09:00 - 09:55**

*Rückenfit*  
Nicole

**Vendredi , 04.04**

**09:15 - 10:10**

*Zumba*  
Andrea

**Samedi , 05.04**

**Dimanche , 06.04**