

Lundi , 20.05

Mardi , 21.05

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Monica

10:00 - 10:55

Rückenfit
Monica

18:00 - 18:55

Yoga
Lei Rae

19:45 - 20:40

Pump
Mengia Maria

Mercredi , 22.05

08:45 - 09:30

Bodyworkout
Monica

09:30 - 10:15

Interval Training
Monica

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 23.05

09:00 - 09:55

Rückenfit
Nicole

Vendredi , 24.05

09:15 - 10:10

Zumba
Andrea

Samedi , 25.05

Dimanche , 26.05