

Lundi , 15.04

09:15 - 10:10

Zumba
Andrea

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Eliane

Mardi , 16.04

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:00 - 10:55

Rückenfit
Daniela

18:00 - 18:55

Yoga
Lei Rae

Mercredi , 17.04

08:45 - 09:25

Bodyworkout
Monica

09:30 - 10:15

Interval Training
Monica

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 18.04

09:00 - 09:55

Rückenfit
Nicole

Vendredi , 19.04

09:15 - 10:10

Zumba
Andrea

Samedi , 20.04

Dimanche , 21.04