

Lundi , 01.01

Mardi , 02.01

Mercredi , 03.01

08:45 - 09:30

Step
Monica

09:30 - 10:15

Interval Training
Monica

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 04.01

09:30 - 10:25

Rückenfit
Daniela

Vendredi , 05.01

Samedi , 06.01

Dimanche , 07.01