

Lundi , 25.12

Mardi , 26.12

Mercredi , 27.12

08:45 - 09:30

Step
Monica

09:30 - 10:15

Interval Training
Monica

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 28.12

08:30 - 09:25

Zumba
Andrea

09:30 - 10:25

Rückenfit
Daniela

Vendredi , 29.12

09:15 - 10:10

Zumba
Andrea

Samedi , 30.12

Dimanche , 31.12