

Lundi , 19.06

10:15 - 11:10

Power Yoga
Daniela

19:00 - 19:55

Zumba
Beatriz

Mardi , 20.06

10:00 - 10:55

Rückenfit
Daniela

18:00 - 18:55

Yoga
Lei Rae

19:45 - 20:40

Pump
Mengia Maria

Mercredi , 21.06

08:45 - 09:30

Step
Monika

09:30 - 10:15

Interval Training
Monika

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Jeudi , 22.06

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Nicole

09:30 - 10:25

Rückenfit
Nicole

Vendredi , 23.06

09:15 - 10:10

Zumba
Andrea

Samedi , 24.06

Dimanche , 25.06