

Lundi , 10.03

09:00 - 09:55 <i>Herzgruppe</i> Andrea	09:15 - 10:10 <i>Fit Gym</i> Cynthia	10:30 - 11:25 <i>Physio Fit</i> Team	10:30 - 11:25 <i>Herzgruppe</i> Andrea
---	---	---	---

Mardi , 11.03

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	14:00 - 14:55 <i>Herzgruppe</i> Andrea
---	---	---	---

Mercredi , 12.03

Jeudi , 13.03

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	12:15 - 13:00 <i>TRX</i> Jerom	14:00 - 14:55 <i>Herzgruppe</i> Andrea
---	---	---	---	---

Vendredi , 14.03

10:00 - 10:55 <i>Fit Gym</i> Petra	12:15 - 13:00 <i>Pump</i> Nicolle	18:00 - 18:55 <i>Functional Workout</i> Emanuele
---	--	---

Samedi , 15.03

09:30 - 10:25 <i>Zumba</i> Idalmis	10:00 - 10:55 <i>Functional Workout</i> Emanuele	10:45 - 11:40 <i>Yoga</i> Tanja
---	---	--

Dimanche , 16.03

09:30 - 10:25 <i>Cycling</i> Kathrin	10:45 - 11:40 <i>Pump</i> Bärbel
---	---