

### Lundi , 30.12

**09:15 - 10:10**

*Pilates*  
Cynthia

**10:30 - 11:25**

*Physio Fit*  
Team

**12:15 - 13:00**

*BBP Special*  
Petra

**18:00 - 18:55**

*Yoga*  
Regine

**18:00 - 18:55**

*Functional Workout*  
Fabienne

**19:00 - 19:55**

*Herzgruppe*  
Fabienne

### Mardi , 31.12

### Mercredi , 01.01

### Jeudi , 02.01

**08:00 - 08:55**

*Herzgruppe*  
Andrea

**09:00 - 09:55**

*Herzgruppe*  
Andrea

**10:30 - 11:25**

*Herzgruppe*  
Andrea

**12:15 - 13:00**

*TRX*  
Jerom

**14:00 - 14:55**

*Herzgruppe*  
Andrea

### Vendredi , 03.01

**10:00 - 10:55**

*Fit Gym*  
Petra

**12:15 - 13:00**

*Pump*  
Nicolle

**18:00 - 18:55**

*Functional Workout*  
Raphael

### Samedi , 04.01

**09:30 - 10:25**

*Zumba*  
Jady

**10:00 - 10:55**

*Functional Workout*  
Jacqueline

**10:45 - 11:40**

*Yoga*  
Tanja

### Dimanche , 05.01

**09:30 - 10:25**

*Cycling*  
Peter