

**Lundi , 23.12**

<b>09:00 - 09:55</b> <i>Herzgruppe</i> Andrea	<b>09:15 - 10:10</b> <i>Pilates</i> Cynthia	<b>10:30 - 11:25</b> <i>Herzgruppe</i> Andrea	<b>12:15 - 13:00</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Petra	<b>18:00 - 18:55</b> <i>Yoga</i> Pia	<b>18:00 - 18:55</b> <i>Functional Workout</i> Emanuele	<b>19:00 - 19:55</b> <i>Herzgruppe</i> Fabienne
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**Mardi , 24.12**

<b>08:00 - 08:55</b> <i>Herzgruppe</i> Andrea	<b>09:00 - 09:55</b> <i>Herzgruppe</i> Andrea	<b>10:00 - 11:30</b> <i>Functional Workout Special</i> Raphael	<b>10:30 - 11:25</b> <i>Herzgruppe</i> Andrea
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**Mercredi , 25.12**

**Jeudi , 26.12**

<b>08:00 - 08:55</b> <i>Herzgruppe</i> Andrea	<b>10:00 - 11:30</b> <i>Cycling Special</i> Petra
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**Vendredi , 27.12**

<b>10:00 - 10:55</b> <i>Fit Gym</i> Petra	<b>18:00 - 18:55</b> <i>Functional Workout</i> Emanuele
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**Samedi , 28.12**

<b>09:30 - 10:25</b> <i>Zumba</i> Jady	<b>10:00 - 10:55</b> <i>Functional Workout</i> Fabienne	<b>10:45 - 11:40</b> <i>Yoga</i> Martine
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**Dimanche , 29.12**

<b>09:30 - 10:25</b> <i>Cycling</i> Petra
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