

Lundi , 25.03

09:00 - 09:55 Herzgruppe Andrea	09:15 - 10:10 Pilates Cynthia	10:30 - 11:25 Herzgruppe Andrea	10:30 - 11:25 Physio Fit Team	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Petra	18:00 - 18:55 Functional Workout Lorna	18:00 - 18:55 Yoga Regine	19:00 - 19:55 Herzgruppe Fabienne
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Mardi , 26.03

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 Cycling Roberto	14:00 - 14:55 Herzgruppe Andrea	18:00 - 18:55 Cycling Petra	19:00 - 19:55 TRX Jerom	19:15 - 20:00 Pilates Ines
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Mercredi , 27.03

09:10 - 10:05 Yoga Laura	12:15 - 13:00 Pump Bärbel	18:00 - 18:55 Functional Workout Raphael	19:00 - 19:55 Functional Workout Raphael
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Jeudi , 28.03

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 TRX Raphael	14:00 - 14:55 Herzgruppe Andrea
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Vendredi , 29.03

10:30 - 11:30 Cycling Special Roberto	11:30 - 12:30 Cycling Special Petra
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Samedi , 30.03

10:00 - 10:55 Functional Workout Fabienne	10:45 - 11:40 Yoga Pia
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Dimanche , 31.03

09:30 - 10:25 Cycling Kathrin	10:45 - 11:40 Pump Nicolle
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