

### Lundi , 25.12

**10:30 - 11:15**

*Physio Fit*  
Team

**19:00 - 19:55**

*Herzgruppe*  
Andrea

### Mardi , 26.12

### Mercredi , 27.12

**09:10 - 10:05**

*Yoga*  
Sandra

**12:15 - 13:00**

*Pump*  
Bärbel

**18:00 - 18:55**

*Functional Workout*  
Raphael

### Jeudi , 28.12

**12:15 - 13:00**

*TRX*  
David

### Vendredi , 29.12

**10:00 - 10:45**

*Fit Gym*  
Petra

**12:15 - 13:00**

*Pump*  
Nicolle

**18:00 - 18:55**

*Functional Workout*  
Raphael

### Samedi , 30.12

**09:30 - 10:25**

*Zumba*  
Idalmis

**10:45 - 11:40**

*Yoga*  
Fabienne

**12:30 - 13:25**

*Cycling Special*  
Kathrin

**13:30 - 14:25**

*Cycling Special*  
Petra

### Dimanche , 31.12

**09:30 - 10:25**

*Cycling*  
Petra