

**Lundi , 28.08**

**09:15 - 10:10**

*Pilates*  
Cynthia

**10:30 - 11:15**

*Physio Fit*  
Marie

**12:15 - 13:00**

*BBP (Bauch,  
Beine, Po) /  
Bodytone*  
Petra

**18:00 - 18:55**

*Functional Workout*  
Lorna

**18:00 - 18:55**

*Yoga*  
Regine

**19:00 - 19:55**

*Herzgruppe*  
Andrea

**Mardi , 29.08**

**12:15 - 13:00**

*Cycling*  
Roberto

**14:00 - 14:55**

*Herzgruppe*  
Andrea

**18:00 - 18:55**

*Cycling*  
Kathrin

**18:00 - 18:55**

*TRX*  
Jerom

**19:15 - 20:10**

*Pilates*  
Ines

**Mercredi , 30.08**

**09:10 - 10:05**

*Yoga*  
Ines

**10:30 - 11:15**

*Physio Fit*  
Marie

**12:15 - 13:00**

*Pump*  
Bärbel

**18:00 - 18:55**

*Functional Workout*  
Raphael

**Jeudi , 31.08**

**12:15 - 13:00**

*TRX*  
David

**Vendredi , 01.09**

**10:00 - 10:45**

*Fit Gym*  
Petra

**12:15 - 13:00**

*Pump*  
Nicolle

**18:00 - 18:55**

*Functional Workout*  
Raphael

**Samedi , 02.09**

**09:30 - 10:25**

*Zumba*  
Idalmis

**10:00 - 10:55**

*Full Body Workout*  
Lorna

**10:45 - 11:40**

*Yoga*  
Olga

**Dimanche , 03.09**

**09:30 - 10:25**

*Cycling*  
Kathrin