

**Lundi , 31.07**

**09:15 - 10:10**

*Pilates*  
Mariya

**10:30 - 11:15**

*Physio Fit*  
Marie

**12:15 - 13:00**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

**Mardi , 01.08**

**14:00 - 14:55**

*Herzgruppe*  
Andrea

**Mercredi , 02.08**

**09:10 - 10:05**

*Yoga*  
Susan

**10:30 - 11:15**

*Physio Fit*  
Marie

**12:15 - 13:00**

*Pump*  
Bärbel

**18:00 - 18:55**

*Functional Workout*  
Raphael

**Jeudi , 03.08**

**12:15 - 13:00**

*TRX*  
Raphael

**Vendredi , 04.08**

**10:00 - 10:45**

*Fit Gym*  
Petra

**12:15 - 13:00**

*Pump*  
Nicolle

**Samedi , 05.08**

**09:30 - 10:25**

*Zumba*  
Idalmis

**10:00 - 10:55**

*Full Body Workout*  
Lorna

**10:45 - 11:40**

*Yoga*  
Olga

**Dimanche , 06.08**

**09:30 - 10:25**

*Cycling*  
Laura

**10:45 - 11:40**

*Pump*  
Jacqueline