

Lundi , 10.04

Mardi , 11.04

<b>08:00 - 08:55</b> <i>Herzgruppe</i> Andrea	<b>09:00 - 09:55</b> <i>Herzgruppe</i> Andrea	<b>10:30 - 11:25</b> <i>Herzgruppe</i> Andrea	<b>12:15 - 13:00</b> <i>Cycling</i> Roberto	<b>14:00 - 14:55</b> <i>Herzgruppe</i> Andrea	<b>17:30 - 18:25</b> <i>Functional Workout</i> Marie	<b>18:00 - 18:55</b> <i>Cycling</i> Petra	<b>19:15 - 19:45</b> <i>Pilates</i> Team
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Mercredi , 12.04

<b>09:00 - 09:55</b> <i>Herzgruppe</i> Andrea	<b>09:10 - 10:05</b> <i>Yoga</i> Susan	<b>10:30 - 11:15</b> <i>Physio Fit</i> Marie	<b>12:15 - 13:00</b> <i>Pump</i> Bärbel	<b>18:00 - 18:55</b> <i>Full Body Workout</i> Raphael
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Jeudi , 13.04

<b>08:00 - 08:55</b> <i>Herzgruppe</i> Andrea	<b>09:00 - 09:55</b> <i>Herzgruppe</i> Andrea	<b>10:30 - 11:25</b> <i>Herzgruppe</i> Andrea	<b>12:15 - 13:00</b> <i>TRX</i> Marie	<b>14:00 - 14:55</b> <i>Herzgruppe</i> Andrea
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Vendredi , 14.04

<b>09:15 - 10:10</b> <i>Yoga</i> Xi	<b>10:00 - 10:45</b> <i>Gym Senior</i> Petra	<b>12:15 - 13:00</b> <i>Pump</i> Nicolle	<b>18:00 - 18:55</b> <i>Functional Workout</i> Ivan Arturo
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Samedi , 15.04

<b>09:30 - 10:25</b> <i>Zumba</i> Idalmis	<b>10:00 - 10:55</b> <i>Full Body Workout</i> Lorna	<b>10:45 - 11:40</b> <i>Yoga</i> Ines
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Dimanche , 16.04

<b>09:30 - 10:25</b> <i>Cycling</i> Kathrin	<b>10:45 - 11:40</b> <i>Pump</i> Bärbel
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