

Lundi , 21.04

17:30 - 18:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

18:30 - 19:00

Stretching
Fabienne

Mardi , 22.04

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mercredi , 23.04

17:30 - 18:00

P.I.I.T
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Jeudi , 24.04

12:15 - 12:45

P.I.I.T
Natascha

18:00 - 18:55

Zumba
Jady

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Vendredi , 25.04

17:30 - 18:25

Functional Workout
Luana

Samedi , 26.04

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Doris

10:00 - 10:55

Muscle Work
Doris

Dimanche , 27.04