

Lundi , 09.12

17:30 - 18:00

Simply Core
Fabienne

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Mardi , 10.12

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mercredi , 11.12

17:30 - 18:00

P.I.I.T
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Jeudi , 12.12

12:15 - 12:45

P.I.I.T
Priska

18:00 - 18:55

Zumba
Jady

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Vendredi , 13.12

17:30 - 18:25

Functional Workout
Luana

Samedi , 14.12

10:00 - 10:55

Pump
Graziella

Dimanche , 15.12