

### Lundi , 18.11

#### 17:30 - 18:00

*Simply Core*  
Fabienne

#### 18:10 - 19:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Fabienne

### Mardi , 19.11

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jady

### Mercredi , 20.11

#### 17:30 - 18:00

*P.I.I.T*  
Naima

#### 18:10 - 19:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Naima

### Jeudi , 21.11

#### 12:15 - 12:45

*P.I.I.T*  
Priska

#### 18:00 - 18:55

*Zumba*  
Jady

#### 19:00 - 19:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jady

### Vendredi , 22.11

#### 17:30 - 18:25

*Functional Workout*  
Bianca

### Samedi , 23.11

#### 10:00 - 10:55

*Pump*  
Graziella

### Dimanche , 24.11