

Lundi , 11.11

17:30 - 18:00

Simply Core
Fabienne

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Mardi , 12.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mercredi , 13.11

17:30 - 18:00

P.I.I.T
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Jeudi , 14.11

18:00 - 18:55

Zumba
Jady

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Vendredi , 15.11

17:30 - 18:25

Functional Workout
Luana

Samedi , 16.11

10:00 - 10:55

Pump
Graziella

Dimanche , 17.11