

Lundi , 20.05

Mardi , 21.05

**18:00 - 18:55**

*Pilates*  
Claudia

**19:30 - 20:25**

*Pump*  
Nicole

Mercredi , 22.05

**09:15 - 10:10**

*TRX*  
Marc

**18:50 - 19:45**

*Sypoba*  
Beat

Jeudi , 23.05

**09:05 - 10:00**

*Pilates*  
Silvana

**10:10 - 11:05**

*Pilates*  
Silvana

**18:40 - 19:35**

*TRX*  
Adam

**19:50 - 20:45**

*TRX*  
Adam

Vendredi , 24.05

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Andrea

**18:30 - 19:25**

*Pump*  
Nicole

Samedi , 25.05

Dimanche , 26.05