

Lundi , 22.04

09:05 - 10:00

Pilates
Claudia

10:10 - 11:05

Pilates
Claudia

18:00 - 18:55

TRX
Monika

20:05 - 21:00

TRX
Monika

Mardi , 23.04

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mercredi , 24.04

18:50 - 19:45

Sypoba
Beat

Jeudi , 25.04

09:05 - 10:00

Pilates
Silvana

10:10 - 11:05

Pilates
Silvana

18:40 - 19:35

TRX
Monika

19:50 - 20:45

TRX
Monika

Vendredi , 26.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

18:30 - 19:25

Pump
Nicole

Samedi , 27.04

Dimanche , 28.04